



After having a baby,
you should drink
plenty of water.

Unless of course,
it comes straight
out the other end.

For the millions of women in the developing world who suffer from Obstetric Fistula, the usual pregnancy advice doesn't apply.

Their ordeal begins with an obstructed delivery - nothing a routine caesarean section couldn't relieve. But that kind of care is usually out of reach. So they push. For days.

Starved of oxygen, their babies die. As do the soft tissues in their birth canal. A hole, or fistula, forms between their bladder or rectum and vagina.

Then things really get difficult.

Pools of urine and even faeces will gather wherever they stand. They will sleep in their own waste.

In the end, many are excluded from their communities and abandoned by their husbands.

But we have not abandoned them.

We help to provide the operations that repair Obstetric Fistula, as well as the emergency caesarean sections that can prevent it from even happening in the first place.

To donate, or to learn more, please visit our website.

The Campaign to End Fistula
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www.endfistula.org